



## ***Moab Multi Sport Itinerary***

Day 1: Trip meeting time is 9:45 a.m. at Adrift Adventures office located at 378 North Main Street in Moab. Departure time is 10:00 a.m. for a two hour off road Hummer trip to some of the most spectacular 4x4 terrain in the world. Trip returns at approximately 12:00 Noon.

Enjoy lunch at one of the Moab Brew Pubs. Afternoon free time spent at Arches National Park and/or Dead Horse Point.

Check in at *Red Cliffs Ranch* after 3:00 p.m.

Meals: Breakfast, lunch and dinner on your own.

Day 2: Breakfast served in the lobby from 6:00 a.m. to 7:15 a.m. At 7:30 a.m. a bus will pick you up for the one hour drive to Westwater Ranger station. This full day trip includes lunch and a spectacular day through this proposed Wild and Scenic Area. Rated as "The West's Best Short Whitewater Trip." Return time is approximately 4:00 p.m.

Meals: Dinner on your own.

Day 3: Breakfast served from 7:00 a.m. to 8:00 a.m. At 8:30 a.m. your wrangler will meet you at the Red Cliffs lobby and walk you over to the corral area where the orientation and ride begins. Long pants with closed toe shoes are required. Return time is 11:00 a.m. with a check-out time of 12:00 p.m. (Noon)

### ***What to bring?***

- 1. Lightweight rain jacket for the horseback trip as well as the river trip.*
- 2. Swim suit for the pool and work out clothes for the gym facility.*
- 3. Sun glasses, sunscreen, headband and a sun hat or visor for sun protection.*
- 4. Warm jacket for the cool evenings & long sleeve shirt for sun protection.*
- 5. Sturdy sport sandals or shoes that can get wet and dry easily. Tennis shoes are fine for the horseback ride.*
- 6. Long pants for the horseback ride.***
- 7. Disposable waterproof camera.*