

GENERAL INFORMATION YOU'LL WANT TO KNOW - MULTIPLE DAY TRIPS

When you book your excursion, Adrift Adventures will mail you a confirmation and detailed checklist of things to take on your half, fall or multiple day trip as well as meeting point and time. Our best advice to ensure an enjoyable trip is to read the instructions. Updated and immediate information can be obtained via our web page at www.adrift.net. Listed below are some of the most frequently asked questions and answers.

Q. How do I decide which trip to take? .

A. Each trip has been chosen for its scenic wilderness and adventure features, so you're in for a fabulous experience no matter which trip you select. If you've never taken a river trip, you might want to begin with a trip on the Green River or the overnight Fisher Towers. Colorado River Trip. The rapids on these trips are not as difficult as the others but the scenery is just as beautiful. Green River trips offer reduced rates for children, making these choices attractive for families.

Q. When is the best time to go?

A. All times are exciting. In the spring and early summer the weather is cooler with lighter and faster water. During the spring the desert is in full bloom with an abundance of wild flowers. In the summer, the days are warmer and weather more predictable. In late summer/early fall, there is a good chance of seeing wildlife and autumn color. The biggest whitewater is during mid May through the end of June when the winter snowpack from the Rockies fills the Colorado River. High water Cataract Canyon on the Colorado River through Canyonlands National Park is amazing!

Q. Do you have to be young and fit to take a river trip? A. River trips can be strenuous and have some risk associated with them, so good health is essential. But age is no barrier, except for children under the age of 7 for multiple day trips and under 4 years for half and full day trips. Youth age restrictions may be applied towards spring run off and high water Cataract Canyon trips. Restrictions vary each year based on the winter snowpack.

Q. What about water levels?

A. Rivers run higher during the spring run-off and settle down towards the end of the summer. Adrift matches rafts to water levels to maximize safety and excitement. The water flowing through the Westwater Canyon, Fisher Towers and Cataract Canyon on the Colorado River is strictly run-off and is not dam controlled, as many rivers now are. With a good winter snowpack, rapids can be exciting during the spring run-off period which is approximately mid May through the end of June. More moderate rapids are experienced during the remainder of the year as the water flow diminishes. Current river flows can be obtained by calling the *river forecast center @ 1 801 539-1311 or logging onto www.cbrfc.gov*.

Q. What can we expect in weather?

A. Everything. For comfort on the river, you'll want to be prepared for all kinds of weather. In the river ecosystems, weather is wide ranging from lows in the 40's to highs around 105 degrees. Spring and fall day time temperatures usually range between 70 and 85 degrees with June through August hitting peak hot weather. Wind and rain are common, but generally storms pass quickly. Storms can appear and disappear in no time, so even in summer a rain suit is essential for multiple day trips while on the river. We suggest calling our office one week prior to the trips departure for an updated extended weather forecast.

Q. What about camping?

A. In keeping with Adrift's reputation for providing the most deluxe trips on the river, camping gear is provided for rent on all trips. Rental equipment includes sleeping bag, ground cloth, sleeping pad and tent. Eating utensils, river bag and ammo can are supplied on all trips. Getting back to nature is part of the attraction of river trips. We are guided by the motto: "Take only pictures, leave only footprints," so we make every effort to keep the land pristine. (Please check our web page www.adrift.net under the conservation section) Depending on water levels, our camps are usually set on sandy beaches along the rivers shore where guests roll out their sleeping bags, pitch tents if they wish or sleep under the stars. We suggest during the hot summer months that guests bring sheets to sleep in along with camping gear as the evenings are warm.

Q. Now, what about toilet facilities?

A. There is always plenty of cold water for washing and brushing teeth, but hot water is only available for cleaning dishes. Portable toilets are available anytime during the trip. As soon as camp is reached, guides set up facilities in a designated area.

Q. Are there bugs and snakes?

A. Insects are of little concern on the river, but a little bug repellent is a good idea. We seldom see snakes on our trips because they generally stay away from campsites...they don't like us any better than we like them.

Q. If I meet you @ 378 North Main Street in Moab, where do I leave my car and keys? A. We have a fenced in facility where vehicles can be left at no charge. Keys may be left in our key box within our office. Please note that vehicles can get extremely hot inside during the summer and some items may be vulnerable to a melt down.

Q. *When do trips end?*

A. Trip return times vary. Multiple day trips return to Moab at approximately 3-5:00 p.m. the last day. Lunch is included on the last day of all trips.

Q. *What type of luggage should I use?*

A. When you arrive in Moab you will transfer personal gear into our river bags. When flying into Moab on the smaller charter flights we ask that you use soft luggage.

Q. *What should I do with valuables?*

A. Since jewelry and cash are potential "loss" items on your river trip, we recommend you leave valuables at home and replace cash with travelers checks. Or if you are returning to the same hotel at the end of the trip, you may wish to leave valuables and credit cards in your hotel safe deposit box. Each year a few of our guests traveling on commercial airlines arrive without luggage. With this in mind, we suggest you "carry-on" medications, prescription glasses, camera and anything you may not be able to, replace. In fact, most everything you bring on the river portion of your trip (with the exception of camping gear) should fit in a "carry-on" bag. If your checked luggage is lost by an airline, you simply will not be able to replace what you need on the river the evening before the trip departs. (Exception would be camping gear that we can supply)

Q. *What should I pack?*

A. Packing for your river trip is not like packing for any other vacation. Your packed bag should be kept to a reasonable size and not more than 35 lbs of personal gear. With your confirmation, you'll receive a check list which suggests items to consider. Bring what makes you comfortable. If you pack in a soft duffel bag you'll then be able to slide your bag within our river bags. Large rigid suitcases won't fit in our bags unless they are completely unpacked. River bag dimensions are 20x20x40 inches. You don't need anything fancy to wear on your river trip. Just pack practical, quick drying things. What doesn't get wet will get sandy or dirty, so be basic. A couple pairs of quick drying shorts and tee shirts, a swimming suit or two; a lightweight long sleeved shirt for sun protection, a pair of long pants, hat and sunglasses are the basic wardrobe. A fleece or poly_pro pullover is worthwhile insurance for bad weather and cold mornings on all trips. Sweats are also comfy while on rivers shore. As for your feet, tennis shoes, rubber sandals, Texas or beach shoes are okay. Add a pair of fast drying socks for sun protection and hiking and you'll have happy feet. An essential item on the river is an inexpensive two piece rain suit-pants and jacket with a hood. This makes river running more enjoyable, especially during the spring and fall months. Lightweight suits can be found on line in our retail section as well as our retail shop while checking in the evening before. You'll find the vacation more enjoyable if you know the geology, history, people and geography of the river. The waterproof guide books with mile by mile descriptions will fit into your storage box for easy reference and are ideal for recording your trip. If your missing something, don't worry, we have everything you need upon check-in.

A FINAL WORD ABOUT PACKING:

If you stick to our suggested list, you'll be able to get your duffel inside our river bag along with your sleeping bag. Your total weight should be no more than 35 pounds. Beverages are not included in the total weight. Your personal items, like camera, **rainsuit**, sunblock, chapstick can be stored in your 11x7x6 inch ammo can for daytime convenience. Tent and pads are packed separately and are available to guests each night. Our guides are always available for extra help that you may need with questions or setting camping gear up.

Q. *Should I bring my camera?*

A. Absolutely. Everywhere you look, you'll find something unusual and worth photographing. But remember, river trips are wet, so there is a distinct possibility you'll get splashed, just as you're ready to focus. Ziplock bags for cameras keep sand and water from being a problem, and you can store your camera away in an ammo can when you want. Don't forget film and batteries, because there aren't any photo stores on the river. You also might want to tuck in a polarizing filter for your 35 mm camera.

Q. *Does Adrift Adventures provide beverages?*

A. Water and lemonade are available in unlimited supply at all times. Juice, coffee and tea are served with breakfast and dinner meals. If you enjoy soda pop, liquor or beer, bring them with you. We recommend a *maximum* of a 6 pack per person per day. You can purchase liquor at the State Liquor Store located at 55 West 200 South from 11:00 a.m. to 7:00 p.m. Monday through Saturday. They are closed on Sundays. Please bring only aluminum cans when possible. Wines in a bottle are acceptable. Cups are supplied on all multiple day trips. However, if you have a water bottle we suggest bringing it along for your convenience.

Q. *Is there any fishing on the trip?*

A. We do not recommend our trips as fishing trips. The water is often silty and fishing is generally poor.

Q. *Where can I obtain maps and reading material?*

A. The following books can be purchased in our Moab location prior to your trips departure or ordered on line @ www.adrift.net and hit the retail section.

- Exploration of the Colorado River (John Wesley Powell, Dover Publication) Major Powell's own story of his exploration of the Colorado River Basin, including his famous 1869 Grand Canyon and Cataract Canyon voyage.
- Flowers of the Canyon Country (Welsh, Radcliffe, BYU Press. Provo, Utah)

Informative and interesting information on the plants you are likely to see.

- Southwestern Indian Tribes (Bahti, KC Publications, Las Vegas, Nevada)
- Canyonlands Country (Donald Baars, University of Utah Press) A must for geologists!
- Through the Eyes of the Children. (Diane Gallegos, Pyramid Printing G.J. Colorado) A field guide to the Colorado Plateau wildflowers, wildlife, history and geology.
- Colorado and Green River Guides. (Westwater Books Evergreen Colorado) River charts, history and geology of the trips you are partaking in. A must for all river junkies.

Q. Can purchase vacation plan insurance which covers sickness, accident, trip interruption, cancellation, loss of camera or other valuable possessions? A. Yes. a policy order form and insurance information sheet is enclosed for your convenience. Additional policy forms can be obtained by contacting a travel agent or any AAA office. Please read these policies carefully and decide which coverage applies to your specific needs. Adrift Adventures assumes no responsibility for personal injury, equipment lost or damaged in any way. Vehicles parked at Adrift Adventures facility are at your own risk.

Q. What about tipping?

A. Tipping is up to you. The last day of the trip is the usual time to extend gratuities. For general guidelines, we recommend \$5.00 to \$10.00 per day per guest for multiple day and daily trips. The main office has envelopes you can sign and leave tips within for your guide.

Q. What other things are there to do in Moab?

A. Canyonlands and Arches National Parks and Dead Horse Point State Park. Does that help? Many of our guests come back as they find that there is so much to see in this area. We encourage people to plan on at least a day before and/or after there trip to see the sites. If you visit our web site at www.adrift.net and scroll down to the bottom of our page and hit onto the Moab Internet Site. all of the information pertaining to parks, campgrounds, hotels and other things to do are listed.

Q. I am flying out to meet you. Should I fly into Salt Lake City, Utah, Grand Junction, Colorado or Denver Colorado? How do I get to Moab from another city? A. Call our office at 1 800 874-4483 for updated commercial flight information connecting Salt Lake City to Moab and Denver to Moab direct. With so much to do and see before and after your river trip we usually suggest guests drive into Moab. Driving times are as follows from:

- Salt Lake City @ 240 miles
- Denver @ 350 miles
- Grand Junction @ 110 miles
- Las Vegas @ 450 miles

Nearest train service, Amtrak is 30 miles from Moab (Thompson) and nearest bus service. Greyhound is 55 miles from Moab (Green River)

Q. We are departing on an Overnight Trip, where do we meet?

A. All multiple day trips meet at 378 North Main in Moab, Utah. We are located in the middle of town easily to be found. All individuals need to check in with our office the day/evening prior to departure. Please check in by 6:00 p.m. If you can't check in please call our office toll free at 1 800 874-4483 or our local number @ 1 435 259-8594. During check in you'll receive river bags, a storage can and information on the next days departure time. Note: **WE ARE MOUNTAIN TIME ZONE**. If travel ing from Arizona, Nevada or California please note the time change!

Q. Where do I stay while in Moab?

A. Enclosed is a list of local hotels and camparks. Please identify yourself as a guest of ours and you may receive a special discount at the time of booking. Do not arrive in Moab during peak summer months without an advance reservation. Our little town fills up in advance.